

Anaemia Management – Alignment with other Policies in Wales

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Promote, prevent and prepare for planned care – 3Ps

WG Published 2023 as part of the recovery plan post pandemic
Aims to change culture of ‘waiting list’ to preparation for treatment

Promote Improved
Health
Decisions

Prevent Worsening
Health

Prepare For
treatment
and
Recovery

Promote,
prevent and
prepare for
planned care



Promote, prevent and prepare for planned care – 3Ps

How does the preoperative anaemia programme align?

Promote

Raising awareness
of impact of
anaemia –patients
and clinicians

Resources

Prevent

Proactive
Screening for the
underlying cause
of anaemia

A National pathway
and testing for a
'Once for Wales'
approach

Prepare

Active screening to
identify those
benefiting from
treatment

Treating underlying
iron deficiency
supports recovery

Promote, prevent and prepare for planned care – 3Ps

How can this policy support the Preoperative Anaemia Programme?

Earlier identification of at risk patients

- Single point of contact
- Health screening questionnaires at the point of referral
- Patient signposting and escalation

Exploratory discussions about infrastructure to support anaemia management outside of preoperative assessment

- Opportunities to explore screening with GP
- Potential for regional patient blood management hubs.

The NHS Wales Women's Health Plan 2025-2035



- **WG published a quality statement for Women's and Girls Health in 2022**
- **Modern medicine does not always meet the needs of women as it has been based on a 'typical male experience'.**
- **Although women live longer than men, they live fewer years free from disability, wait longer for pain relief and many women report having symptoms dismissed.**
- **Launched Dec 2024 – 10 year vision to improve healthcare services for women to close the gender gap**

The Women's
Health Plan
for Wales



The NHS Wales Women's Health Plan 2025-2035



'Vision that in 10 years'

Women will experience better access to health services, including access to health information, with a prevention focus, improved health outcomes and reduced inequalities in health

Health Boards will prioritise women's health services across the life course and listen to and act upon the voices of women in development of these services

Data collection across Wales in every service, irrespective of specialism, will be disaggregated by gender and sex, and data will be used to better understand women's health needs, through research and innovation, to improve service provision and outcomes

The NHS Wales Women's Health Plan 2025-2035 – how do we align?

Experience better
access to health
services, access to
health information,
prevention focus,
improved health
outcomes and
reduced
inequalities in
health

- Standardised anaemia threshold
- Proactive, standardised screening
- Standardised resources
- 3Ps

The NHS Wales Women's Health Plan 2025-2035 – how do we align?

Data collection across Wales in every service, will be disaggregated by gender and sex, and data used to better understand women's health needs, through research and innovation, to improve service provision and outcomes

- Data dashboard
- Prevalence in women twice as high as in men preoperatively (39%vs 19%)
- Publishing data to raise awareness
- Further research potential
- Direct collaboration/influence on Women's health agenda

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Why does this all matter?

Raising the profile of anaemia and the need to act

Category of public health significance	Prevalence of anaemia (%)
Severe	40 or higher
Moderate	20.0–39.9
Mild	5.0–19.9
Normal	4.9 or lower

Source: Nutritional anaemias: tools for effective prevention and control. Geneva: World Health Organization; 2017 (2).

Supporting your services – linking to broader policy can empower local teams to request funding/resources

Building your service meets organisation and national strategies

Business Cases – data/evidence

Intergrated Medium Term Plans

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Thank you for listening