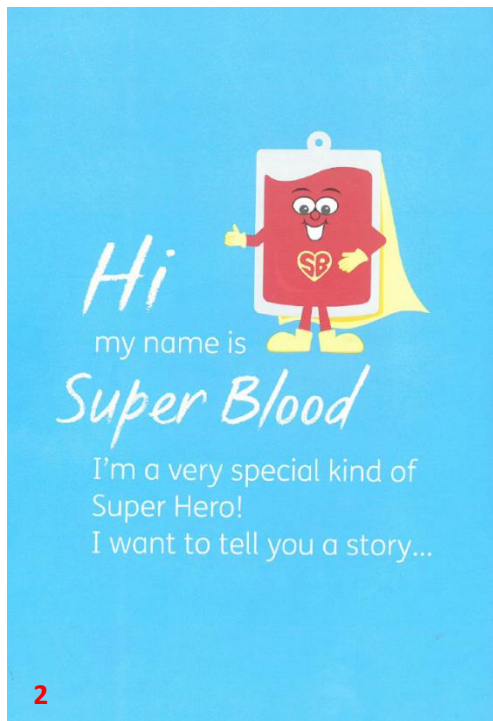


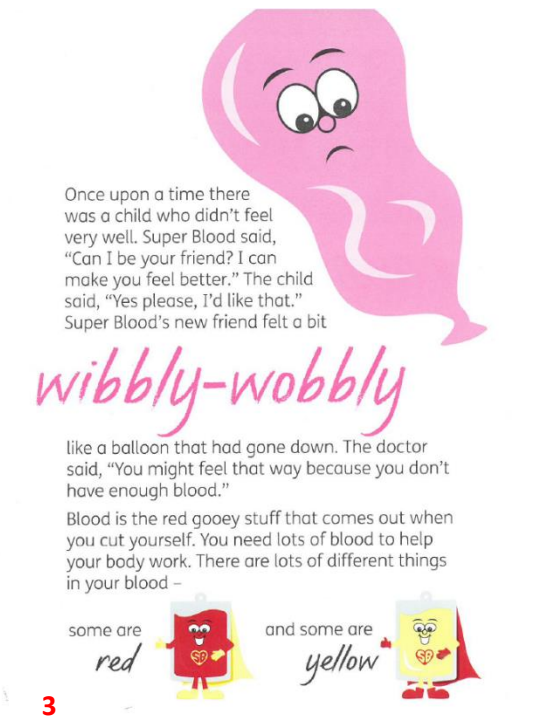


Super Blood
Saves the day!



Hi
my name is
Super Blood

I'm a very special kind of
Super Hero!
I want to tell you a story...



Once upon a time there was a child who didn't feel very well. Super Blood said, "Can I be your friend? I can make you feel better." The child said, "Yes please, I'd like that." Super Blood's new friend felt a bit

wibbly-wobbly

like a balloon that had gone down. The doctor said, "You might feel that way because you don't have enough blood."

Blood is the red gooey stuff that comes out when you cut yourself. You need lots of blood to help your body work. There are lots of different things in your blood -



When you don't have enough blood, Super Blood can come to the

rescue

by giving you more blood to help you feel better, this is called a

transfusion.

Super Blood's friend was a bit worried about having a transfusion and asked Super Blood what would happen and would it hurt?

Super Blood said,

"It'll be OK."

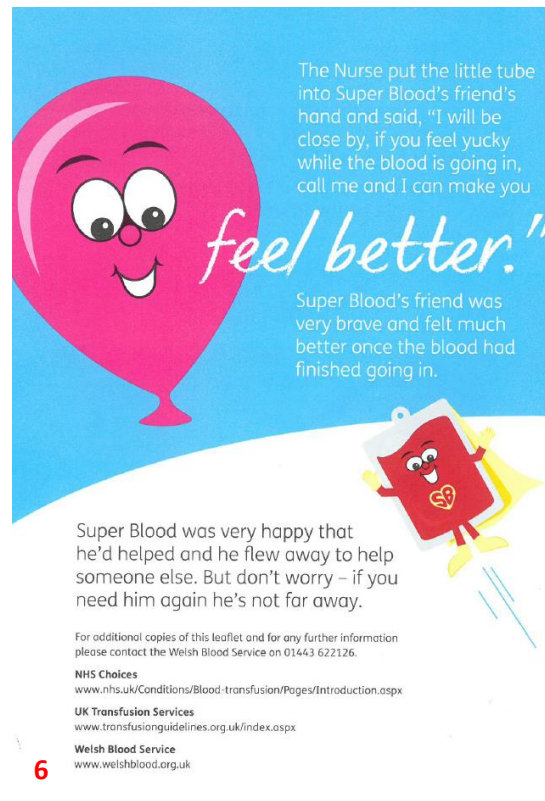
The Nurse or Doctor will put a special cream on your hand so that it won't hurt too much when they put the little tube in.



The Nurse will use the little tube to let the blood go into your body. Your arm might feel a bit funny while I am doing my job, but this is OK.

It might take a while for the blood to go into your body, so it might be fun to cuddle your teddy while this is happening."

Super Blood's friend wasn't worried anymore.



The Nurse put the little tube into Super Blood's friend's hand and said, "I will be close by, if you feel yucky while the blood is going in, call me and I can make you

feel better."

Super Blood's friend was very brave and felt much better once the blood had finished going in.

Super Blood was very happy that he'd helped and he flew away to help someone else. But don't worry - if you need him again he's not far away.

For additional copies of this leaflet and for any further information please contact the Welsh Blood Service on 01443 622126.

NHS Choices
www.nhs.uk/Conditions/Blood-transfusion/Pages/Introduction.aspx

UK Transfusion Services
www.transfusionguidelines.org.uk/index.aspx

Welsh Blood Service
www.welshblood.org.uk